

How You Can Help

Donations/Fundraising

Financial donations allow us to allocate funds to areas where they are most needed. We welcome opportunities to build long-term relationships with supporters.

Awareness

Share our information on social media, provide a voice, support our issues or invite us to present to your company, group or club.

In-Kind Support

Donate full-sized, unopened unscented personal hygiene products and diapers to our free toiletries program.

Your Time

Join our team of volunteers to share your skills. Attend our events. Be a champion!



Find Out More

www.SecondStory.ca
info@SecondStory.ca
902-640-3044
@secondstorywc on Social Media

18 Dufferin St
PO Box 821
Lunenburg, NS
BOJ 2C0



SERVING WOMEN
AND GENDER-
OPPRESSED PEOPLE
IN LUNENBURG
AND QUEENS
COUNTIES
FOR 40 YEARS.

Who We Are

Our Centre

Second Story Women's Centre (SSWC) is a feminist organization that offers a welcoming and safer space for girls, women and gender-oppressed people. Information, choices, options and alternatives are offered in an objective manner that respects diversity and accepts differences.

Our services and programs are free. Through trauma-informed support, education and advocacy, we strive for gender equality and safe, healthy relationships. Equal access to opportunity and the right to freely choose are the foundations of our philosophy.

Centre Hours:

Monday: 10 am - 4 pm

Tuesday: 10 am - 4 pm

Wednesday: 11 am - 4 pm

Thursday: 10 am - 4 pm

Friday: virtual appointments available

Tel: 902-640-3044

Our Mission

Second Story Women's Centre supports women and gender-oppressed people, provides safer spaces and advocates for social change.

What We Do

Counselling, Support and Referrals

SSWC's experienced Counsellors meet with people individually or in groups at our Centre in Lunenburg or in other community locations around the South Shore. Crucial early intervention and preventative services are provided through a trauma-informed lens in a confidential setting along with crisis intervention and follow-up support. People can request that someone accompany them to court dates or other agency appointments. Financial counselling is also available. Our knowledgeable team can connect people with necessary information regarding community-based services and agencies.

Personal Development and Wellness

Our programming provides creative experiences, recreation and holistic healing. We work with other community supports to offer wrap-around services. SSWC collects and distributes personal care products.

Community Connectiveness

We welcome groups and individuals working on activities relevant to our objectives by providing meeting space, organizational assistance, and networking opportunities.

Advocacy

We advocate for the needs and issues of women and gender-oppressed people to governments and service agencies. We work closely with the eight other Women's Centres in the province and with community groups and organizations on issues that affect us all. The implementation of the provincial Sexual Assault Nurse Examiner Program and the Sexual Violence Trauma Therapy Program are successful results of our joint advocacy. We partner with, attend and host events that align with our vision.

Volunteers

Volunteers are a vital part of our success. It is important to us that volunteers have a positive and meaningful experience with our organization through a sense of belonging as they develop skills and make a valuable contribution to our community.

Youth Programs

We aim to engage youth in opportunities to take part in discussions and activities that help them explore personal growth and develop critical-thinking skills (ie. summer camps, mentoring or school-based programs).